

September, 2024 – WBS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Nat'l Forgiveness Day 1	Labor Day 2	Bowling League Day 3	4	VALERIE Birthday 5	6	Ben's Birthday 7
Flex and Stretch Eve the ferret visits Arts & Crafts Chapel	Laughing Yoga Bingo Walking Chapel Scripture Reading	Tai Chi Nail Salon Movie with Popcorn Acrylic Painting AM/PM Prayer	Exercise with Sharon Chapel Puzzles Fly Swatter Game Scripture Reading	Easy Flow Yoga Arts & Crafts Ring Toss AM/PM Prayer	Seated Exercise Chapel Balloon Ball Nail Salon	Puzzles Card Games Chair Exercises
8	9	Ron's Birthday 10	Juliana Birthday 11	Nat'l Hugging Day 12	13	14
Flex and Stretch Flowers Arranging Arts & Crafts Chapel	Laughing Yoga Bingo Chapel Lansboro Owl Program and Pinterest	Tai Chi Haircuts 10:00 am AM/PM Prayer 645 Dice Game	Exercise with Sharon Chapel/Communion Patriot's Day Celebration	Easy Flow Yoga Nails Dice Game AM/PM Prayer	Seated Exercise Chapel Funny Animal Videos Sing-a-long	Follow the Dots Bingo Chair Exercises
15	16	Harvest Full Moon 17	18	Nat'l Cat Day 19	20	21
Flex and Stretch Chapel Kerie the cat visits Bird Migration Hispanic Heritage Month	Laughing Yoga Bingo Barsolo Bros Music Chapel Scripture Reading	Tai Chi Poetry AM/PM Prayer Mexican crafts Walking	Exercise with Sharon MN Zoo animals visits Chapel Tye Dye w Chef Keri Scripture Reading	Easy Flow Yoga Funny Baby Videos Storytelling AM/PM Prayer	Seated Exercise Chapel Nail Salon Trivia	Missing Numbers Chart Puzzles Chair Exercises
Fall Equinox 22	23	24	25	26	27	28
Arts and Crafts Chapel Bird Migration Flex and Stretch Walking	Laughing Yoga Bingo School House Rock Chapel Scripture Reading	Tai Chi Fall Arts and Crafts Chaplet of Divine Mary Ring Toss Mexican snacks	Exercise with Sharon Sing-a-long Chapel/Communion Scripture Reading	Trivia Dice Game Easy Flow Yoga AM/PM Prayer	Seated Exercise Ring Toss Chapel Movie with popcorn	Bingo Card Games Chair Exercises
29	Orange Shirt Day 30					
Flex and Stretch Chapel Auggie, the dog visit Parachute Game Bird Migration	Laughing Yoga Bingo Skee Ball Chapel Scripture Reading					

